

THE "PONTESBURY POTTER"

A mountain and valley trail of about 13 miles for RUNNERS and RAMBLERS through the best scenery in Shropshire.

SATURDAY 13th March 2010

START and FINISH Mary Webb School Pontesbury SY5 0TG. Approx. 8 miles West of Shrewsbury. Please follow parking instructions on the day and **do not obstruct local homes/businesses.**

START TIME Anytime between **8.00am-10.00am**

ROUTE A different route every year which follows lesser known paths and tracks and is only disclosed by following the detailed instructions issued at the start. Route confirmation markers are provided to keep you on track. Map reading is not required.

FACILITIES Toilets will be available at the start/finish and a refreshments stall will be provided by Pontesbury Guides, Rangers and Scouts.

EQUIPMENT Wind and waterproof outer clothing. It will be significantly colder on the hilltops than at the start. Strong walking boots or fell shoes. Carry food and drink for anticipated time out plus some extra just in case. Carry a First Aid kit.

RULES Participate as individuals, pairs or larger groups. **No Dogs**
Observe the Country and Highway codes. Report to the finish even if retiring.

ENTRY FEE **£10-00 for adults**
£5-00 for under 18s (must be accompanied by a responsible adult)
No Entries on the day. Entries will be closed when the 500 limit is reached which is usually well before the event

CHARITY This year the proceeds will be divided between the Severn Hospice and Pontesbury Muheza Link, a local charity established to support the provision of medical services in Tanzania. Registered Charity no 1064482

Entries to Wendy-Jane Walton, Holm House, Station Rd, Pontesbury, SY5 0QY tel 01743 792714

www.rodington.f2s.com/potter.htm wendy-jane@doctors.org.uk Keep the top part for reference

I would like to enter the Pontesbury Potter. I agree to obey the rules above and will take part entirely at my own risk. I will take responsibility for my own safety and actions and will not hold the organiser responsible for any accident or injury no matter how caused.

Enclose cheque for £10.00/£5-00 per person payable to "WJ Walton Charity Account"

For confirmation of entry please enclose a SAE or enter your e-mail address (legibly please!)

e-mail address : _____ (confirmation may take a few days)

Name _____ I ***do/ do not*** require a memento (delete as appropriate)

Address _____

_____ Tel Number _____

Signed _____ (Age if under 18)

Accompanying Adult

ONE FORM PER PERSON PLEASE